

SPEAK YOUR TRUTH

Open Mic Night

Spread awareness, get connected,
share *YOUR* story:

- your journey
- supporting a loved one
- body image and beauty standards
- working in the community
- food justice
- marginalized communities
- speech, spoken word, songs, poems, or readings
- and more!

Deadline for two- to four-minute submissions: August 1st
at www.eatingdisorderfoundation.org/speak-your-truth/

Be aware that performances may contain difficult topics and language. Please exercise self-care. Support will be available during the event if needed.



**WEDNESDAY,
AUGUST 28**
1901 E 20th Ave
Denver, CO 80205

SOCIAL HOUR
5:30 PM
PERFORMANCES
6:30-8:30 PM

**SUGGESTED
DONATION \$5**
Please RSVP
info@eatingdisorderfoundation.org
Walk-ins welcome

Hosted by The Eating Disorder Foundation in collaboration with:



GAUDIANI CLINIC
Expert Medical Care for Eating Disorders

